

## Child Care Health Consultation Lesson Plan

**Contractor Name:** DHSS Standard Lesson Plan

**Date Submitted:** May 20, 2014

☐ **Children's Health Promotion**

**Adult Training on  
Content Area V:  
Health and Safety**

### Health and Safety Standards

### Training Levels

☐ Promoting Risk Management Practices

☐ 1   ☐ 2   ☐ 3   ☐ 4   ☒ 5

☒ Protecting Children and Youth

**Source:**

Core Competencies for Early Childhood  
and Youth Development Professionals  
(Kansas and Missouri), 2011

*Select one standard  
and one level*

☐ Promoting Physical Health

☐ Promoting Mental Health

☐ Promoting Healthy Eating

**Title:** Stewards of Children

**Training Goal:** Adults will learn how to protect children from sexual abuse

**Learning Objective(s):** Participants will

- 1) Gain confidence in knowing how to prevent, recognize, and respond to child sexual abuse
- 2) State how to prevent 1 adult 1 child situations
- 3) State signs of child sexual abuse
- 4) State response options when a child discloses abuse
- 5) Gain tools to update and/or create facility policies

### Topical Outline of Content

### Training Method(s)

### Time (in minutes)

Introduction and Outline of Training

Authorized Facilitator

10 min

Pre-course survey

Pre Test

5 min

Part 1 DVD: Building Foundation, Step 1—Learn the Facts, Understand the Risk

DVD Video

25 min

Workbook pages 5-14

Check in questions overviewing content of Part 1

Participant Workbook  
Authorized Facilitator /  
Discussion

5 min  
10 min

Part 2 DVD: Step 2—Minimize Opportunity  
Step 3—Talk about it

DVD Video

25 min

Workbook pages 15-23

Check in questions overviewing content of Part 2

Participant Workbook  
Authorized Facilitator /  
Discussion

5 min  
10 min

Part 3 DVD: Step 4—Stay Alert  
Step 5—Make a Plan  
Step 6—Act on suspicion  
Step 7—Get Involved

DVD Video

25 min

Workbook pages 24-33

Check in questions overviewing content of Part 3

Participant Workbook  
Authorized Facilitator /  
Discussion

5 min  
10 min

Post Course Survey

Wrap up / Closing Comments

Post Test  
Authorized Facilitator

5 min  
10 min

**“TOTAL CLOCK HRS APPROVED – up to 2.5”**

150 minTOTAL

**Method(s) of Outcome Evaluation:** Pre/Post test comparison and Discussion will reflect knowledge gained

### FOR MISSOURI DEPARTMENT OF HEALTH & SENIOR SERVICES USE ONLY

**Date Approved:**  
May 20, 2014

**Authorized Approval Signature:**



**Date Expires:**  
May 2017